

## MILES WITHOUT BARRIERS – PART 1

### GREEN SOCIAL PRESCRIBING

At the previous CAF meeting Rutland County Council staff, were made aware again of the green social prescribing opportunities offered by walk leaflets and the Countryside for All leaflets. The Lincolnshire leaflets are available through the Lincolnshire Joint Local Access Forum. The Rutland leaflets are available from Stuart Crook. Although interest was shown at the time by Rutland County Council members of staff and the other contacts that were provided, there have been no requests for any of the leaflets.

Green Social Prescribing is recognised by Government, Natural England and many other local authorities as important to improve peoples mental and physical health. With the Countryside Access Forum working on providing further tools for the Social Prescribers to use, it is important to understand why the existing tools are not being used.

According to the RCC web site, on the RISE page (Rutland Integrated Social Empowerment Service) provision for this service is provided at the following surgeries:

The Uppingham Surgery

Oakham Medical Practice

Empingham Medical Centre

Market Overton and Somerby Surgeries

To ensure the Social Prescribing team are aware of the current green social prescribing tools that are available and should be used, **it is recommended that a member of the Forum attend the Social Prescribers team meeting and provide the team with the relevant information.**

***Action: CAF to discuss the recommendation above.***

***Action: David - If the above is approved, to provide suitable Social Prescribing team meeting dates, for a member of the CAF to explain what's available and how to order.***